



MILE END • SEAFORD

2024 *Silver* INFORMATION PACK





Welcome to *Force Elite Academy!*

Thank you for your interest in Force Elite Academy, whether you are looking for Cheerleading, Dance, or Tumbling, competitively, semi competitively, or recreationally we have a program or a class to suit you! At Force Elite we are proud to offer a variety of programs to ALL ages from toddlers all the way up to adults across 2 different locations serving both metropolitan Adelaide and Southern suburbs.

We hope you enjoy browsing through our 2024 information pack. Here you will find all there is to know about what FEA has to offer. We guarantee there will be something here to suit your needs.



OUR VALUES

At FEA our values are **Family, Passion & Growth** and everything we do revolves around these values.



Family

Everyone who walks through the doors of an FEA facility is Family, and we put it above all else.



Passion

Everyone in an FEA facility is passionate about what they are doing, from the instructors to the students.



Growth

Every athlete and coach we work with we want to help grow and develop into the best possible versions of themselves they can be.

So by choosing FEA to be the provider of yours or your child's Cheer, Dance or Tumbling journey you are prepared to be an active member of our FAMILY, you're ready to gain a new PASSION & ready work hard and see GROWTH throughout your journey. Ready?? Lets do this!



Why you should *Cheer & Dance* with FEA

FEA is the one stop shop for anything you or your child wishes to achieve in Cheer, Dance or Tumbling. Our two locations across Adelaide offer fun, light-hearted class options in all the way to highly competitive top level teams that travel to the USA to compete. No matter what your starting point is, if you want to progress your skills, you have all the opportunity to grow right here in the club!



World Class Facilities

Our facilities are worlds standard, including, multiple cheerleading sprung floors, dedicated tumbling floor area, trampolines, semi-sprung dance flooring, parent viewing area and more.



Qualified and Experienced Coaching Staff

Our coaching staff is dedicated to perfection & progression in all things Cheer, Tumbling & Dance.



Family-based culture of inclusiveness & respect

This culture shines bright when you see the excitement from the class when an athlete gets a new skill or when teams watch each other at competitions.



Huge variety of classes, teams and program options

We have something for all experience levels, ages & interests. Ranging from recreational programs to semi-competitive and full competitive teams.

“

My two daughters have been at force elite academy for 3 years and in that time they have grown in both their skill level and in themselves.

The gym provides an environment that fosters growth and passion.

The coaches are always helping the athletes to achieve their goals for themselves as well as providing opportunities to the athletes to extend beyond their own goals!

FEA has provided my girls a **safe, supportive and encouraging environment** that my girls adore and are thriving in!



“

Being a part of the Force Elite Academy group has been an absolute joy. From the moment we joined, we were welcomed with open arms and genuine smiles.

The **inclusivity and friendliness within the group are unmatched, creating a positive and supportive environment.**

It's more than just a team; it's a family where everyone's unique talents are celebrated, and every member is valued. We couldn't be happier to be a part of such a fantastic, welcoming community. Thank you for making us feel right at home, and having my children's safety and well-being at the top of your priorities

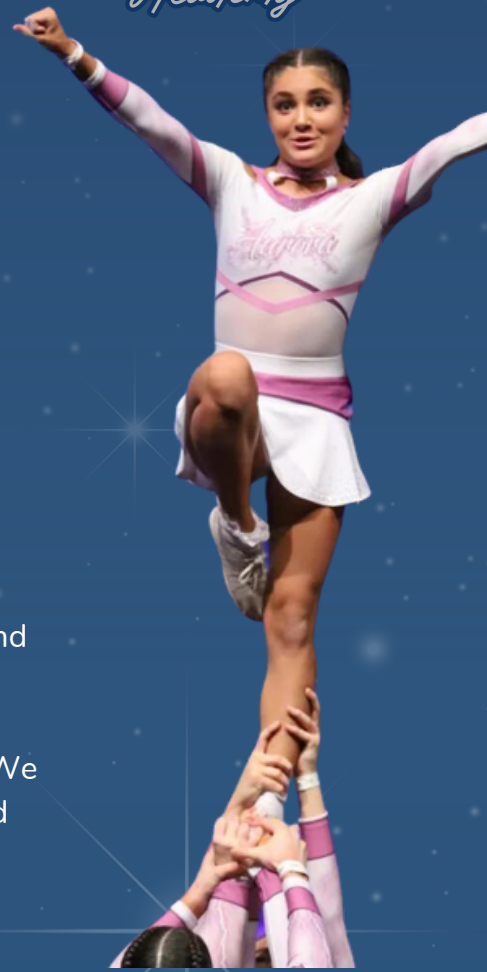
OUR PROGRAMS

All Star Cheer

If you are new to the sport of All Star Cheer, welcome, and thank you for choosing FEA to guide you through your Cheer journey.

All Star Cheer is all-inclusive for all ages, body types, skill levels and experience levels. Everyone is welcome in All Star Cheer; everyone is valuable in this sport and has a role to play in their team. Routines comprise of elements of stunting, gymnastics (tumbling), pyramids, and dance choreography.

At FEA we have an All Star option for any age, any experience level. We have 3 different programs you can join depending on your budget and commitment level.



★ Silver Cheer Program

Our silver program team are full season teams for beginners to intermediate. These teams are non traveling and present a lower cost for participation allowing for more affordable entry into the world of All Star Cheerleading.

Silver program athletes compete at 4 local competitions between July and November. They get to wear a full cheerleading uniforms.

This program have a lower competition fee and choreography requirements compared to our gold program, with a great emphasis on learning, fun and team building. Silver teams will have one team training per week with the option to add on tumbling classes. Silver teams are split into age groups.



OUR PROGRAMS

All Star Dance



All Star Dance is the sporting version of traditional dance styles. All star dance consists of teams of 5 or more dancers in jazz, hip hop, lyrical/contemporary and pom.

Our dance program at FEA focuses on being all inclusive for dancers of all ages, experience, and fitness levels. We use costuming that is affordable but looks amazing on the floor and love to create routines with unique themes that challenge dancers to not only learn their technical elements but also their stage presence and performance as well. All key aspects of a good dancer.



Silver ★ Dance Program

Our Silver dance program are full season teams for beginner to intermediate dancers. We offer teams in 4 genres. You can pick one or multiple classes.

This program have a lower competition fee and choreography requirements compared to our gold program, with a great emphasis on learning, fun and team building. Silver teams will have one team training per week with the option to add on dance technique and flexibility classes. Silver teams are split into age groups.

- Hip Hop, Pom, Lyrical, Jazz
- 3 x local competitions
- 1 x team practice per style
- Technique class optional
- Affordable costuming
- No music fees
- In house choreography



★ 2024 Silver TEAMS ★

Mile End

★ Silver Cheer

Stardust – Tiny

Starlight – Junior

Sunshine – Mini

Alpha – Adult 1NT

Storm – Youth

★ Silver Dance

Prism – Junior Pom

Prism – Junior Lyrical

Prism – Junior Hip Hop

Prism – Junior Jazz

Seaford

★ Silver Cheer

Tiny Diamonds – Tiny

Sapphires – Youth

★ Silver Dance

Emerald Crew – Youth Hip Hop

Emerald – Youth Pom

Diamond Crew – Mini Hip Hop

2024 *Silver* COMPETITION CALENDAR



FEA BLUE DEBUT

June 9
TBA South Australia

Cheer and Dance:
Gold, Silver and
Bronze



CHEERCON ICEBREAKER

June 28 - 30
Netball SA

Cheer and Dance:
Gold and Silver



AUSSIE GOLD STATE CHAMPIONSHIPS

August 17 - 18
Netball SA

Cheer and Dance:
Gold and Silver



CHEERCON STATE CHAMPIONSHIPS

September 6-8
Adelaide Entertainment Centre

Cheer and Dance:
Gold and Silver



AUSSIE GOLD NATIONALS

November 2 - 3
Adelaide Entertainment Centre

Cheer & Dance:
Gold, Silver and
Bronze

ADDITIONAL ROUTINES

If an athlete is in more than one routine, they pay a single competition pack price for first team then the below additional routine fee for each routine after that. They do not pay subsequent competition packs. Additional routine fees will be added to customers Jack Rabbit accounts and is payable 4-6 weeks prior to each competition.

- Cheercon Icebreaker \$ 37.40
- Aussie Gold State \$ 31.90
- Cheercon State \$ 42.90
- Aussie Gold Nationals SA \$ 31.90

*includes \$ 4 coaches fee and GST

Silver PROGRAMS

FINAL COSTING



CHEER

PROGRAM	MONTHLY INSTALLMENT	COMPETITION ENTRY BUNDLE	MUSIC	IN-HOUSE CHOREOGRAPHY	YEARLY REGISTRATION	UNIFORM	SCRUNCHIES	TRAINING SET	SHOE COLOUR
SILVER									
SILVER TINY	\$ 80	\$ 379.50	N/A	N/A	\$ 100	\$ 220	\$ 22	Optional	White
SILVER	\$ 115	\$ 379.50	N/A	N/A	\$100	\$ 220	\$ 22	Optional	White
SILVER ADULT	\$ 110	\$ 379.50	N/A	N/A	\$ 100	TBA	\$ 22	Optional	Black

DANCE

DANCE PROGRAM AND DISCIPLINE	MONTHLY INSTALLMENT (WITH CHEER)	MONTHLY INSTALLMENT (DANCE ONLY)	COMPETITION ENTRY BUNDLE
SILVER			
1 DISCIPLINE	\$ 30 / Month	\$ 90 / Month	\$ 478.50
2 DISCIPLINE	\$ 40 / Month	\$ 100 / Month	\$ 478.50
3 DISCIPLINE	\$ 50 / Month	\$ 110 / Month	\$ 478.50
4 DISCIPLINE	\$ 60 / Month	\$ 120 / Month	\$ 478.50
DANCE TECH	\$ 5 / Class		
ALPHA CHEER SPECIAL	\$ 85 if you have a child enrolled into a Cheer Program		

Some Important Considerations:

Competition bundle includes single routine entry fee for ONE routine per athlete, admin fee for competitions, coaches fee for each competition and GST. Athletes competing in multiple routines for cheer or dance or a combination of cheerleading and dance teams, will need to pay an additional routine fee per competition on top of the comp bundle pack. If an athlete is enrolled into different levels or different genres, the higher program will be the base program for the athlete and the additional genres will be priced at the add-on cost for that level.

2024 TERM DATES

TERM 1

5th Feb - 13th April

TERM 2

5th May - 13th July

TERM 3

22nd July - 28th Sept

TERM 4

14th Oct - 30th Nov

ADDITIONAL CLASSES

★ *Flyers* Classes

It is no secret that being a cheerleader flyer is one of the most unnatural activities the human body can do. Humans were simply not designed to be thrown around in the air. It takes time and patience to develop the confidence, conditioning and technique to become a superstar flyer.

At FEA, we have years of experience creating the best flyers in the state. Our Flyers Classes are a must for all flyers Novice to Elite Level. Those chosen as flyers on any Level 1-6 team must attend 1 flyers class per week.

Enroll into this program when you complete your enrollment process

Cost: \$7 / Additional class (Single flyer or flex class per week included in All-Star Tuition); **Class length:** 30 mins



Tumbling Programs

One thing Force Elite Academy is well known for is our tumbling program. We have many students who attend our program just to do tumbling and love our progression system, coaches and ability to become the best tumblers they can be. These are the tumbling options we will offer at FEA in 2024.

YEARLY REGISTRATION: \$20 (covers student for unlimited classes)

Tiny Tumble (for ages 4-6)

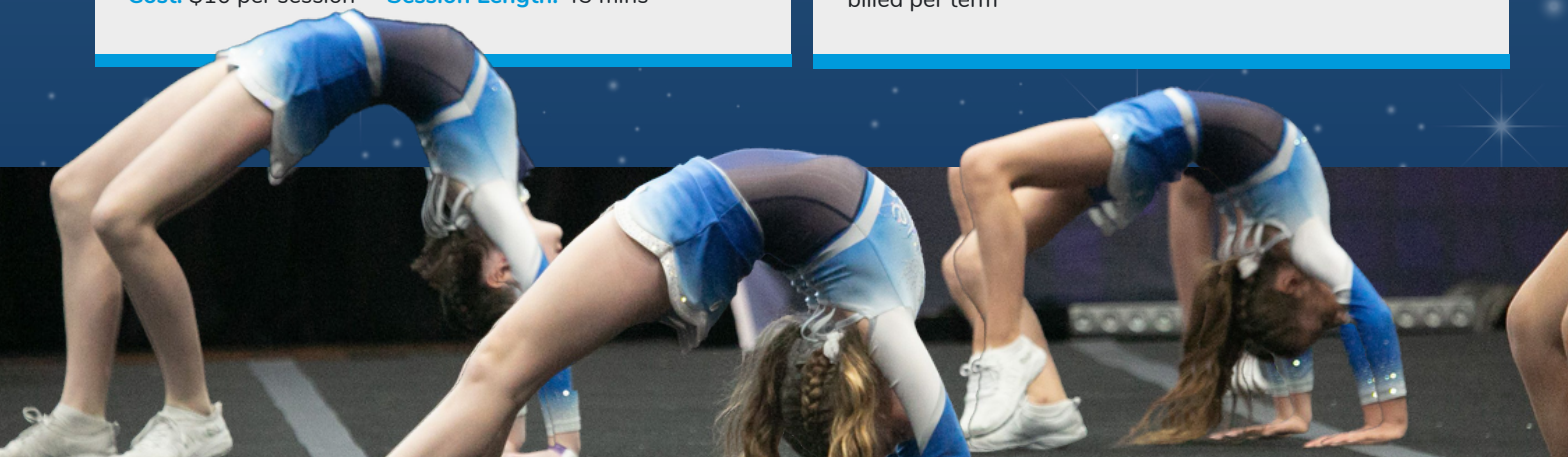
This tumbling class uses drills, circuits, games, and challenges to make tumbling technique, shapes and repetitions fun! This engaging and encouraging class is the best starting place to build your child's passion for Tumbling and kick start their journey of progression. Tiny Tumble is a completely recreational program

Cost: \$10 per session **Session Length:** 45 mins

Beginner Tumble (for ages 7-16)

Recreational Tumbling classes are non-competitive classes for self-taught tumblers, gymnasts, dancers or those looking to start tumbling brand new! Tumbling classes will be available at both FEA locations and are designed for all beginners.

Cost: \$15 per class **Session Length:** 60 mins
billed per term



ADDITIONAL CLASSES



★ Flexibility Classes

Dedicated class for maintaining flexibility throughout the body. Great for injury prevention & beneficial to all athletes, not just flyers. We highly recommend this class as a standard add-on to any athlete's weekly schedule.

Cost: \$7 / Additional class (Single flyer or flex class per week included in All-Star Tuition); **Class length:** 30 mins

★ Dance Technique Classes

Our Dance Technique classes are offered to all Competitive Dancers Novice and above All Star Dance is all about technical skills and your execution is key. Dance Technique classes are offered in Beginner, Elite & Premier levels and help develop dance jumps, leaps, turns and skill combinations that are common in all Dance Styles.

Beginner Technique

\$7 / class (complimentary for Gold and Silver Dancers);
Class Length: 30 mins

Elite-Premier Technique

\$15 / class (complimentary for Gold and Silver Dancers);
Class Length: 60 mins

SILVER PROGRAMS TIMETABLE

Mile End



MONDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01								BEGINNER TUMBLE				
02			PRISM Junior Jazz	PRISM Junior Lyrical				PRISM Junior Pom				
03						Flex	Flex					

TUESDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01								PRISM Junior Hip Hop				
02				FLEX			FLYER 1/2	FLEX				

WEDNESDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01			SUNSHINE									
02			STORM	BEGINNER TUMBLE			STARLIGHT					
03				FLYER 1	FLEX							

THURSDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01			TINY TUMBLE		FLEX							

SATURDAY

	8:30AM	9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	11:30AM	12:00NN	12:30PM	1:00PM	1:30PM	2:00PM	2:30PM	3:00PM
01		STARDUST				TINY TUMBLE		BEGINNER TUMBLE						
02				FLEX				FLEX	FLYER L1/2					

Seaford

MONDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01			BEGINNER TUMBLE	EMERALD CREW YOUTH HIP HOP	EMERALD YOUTH POM			FLEX				

WEDNESDAY

	4:00PM	4:30PM	5:00PM	5:30PM	6:00PM	6:30PM	7:00PM	7:30PM	8:00PM	8:30PM	9:00PM	9:30PM
01		TINY TUMBLE					FLYER	FLEX				

SATURDAY

	9:00AM	9:30AM	10:00AM	10:30AM	11:00AM	11:30AM	12:00NN	12:30PM	1:00PM
01	TINY TUMBLE		TINY DIAMONDS	BEGINNER TUMBLE	SAPPHIRES				
02			FLEX	FLYER	DIAMOND CREW				

2024 Enrollment PROCESS

We've made enrollment much easier for you!

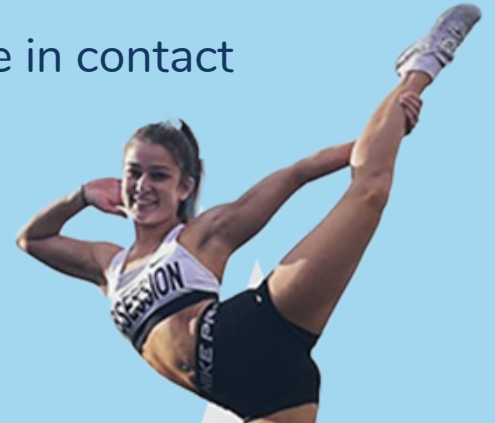
Simply fill out [this form](#), and someone will be in contact with you to confirm your spot.

Please make sure you complete the form with a Parent/Guardian who is over 18.

You will select your classes, supply important contact details, and pay your Registration Fee securely here as well.

That's it!

We also ask that parents come along to the first team meetings to go through important team specific information and meet their coaches (Cheer/Dance teams only).




Join the
Force Fam
today!



MILE END • SEAFORD

FIND US

 **FEA MILE END**
Unit 5 26-42 London Rd.
Mile End South, SA, 5031

 **FEA SEAFORD**
7/36 Farrow CCT
Seaford, SA, 5169

CONTACT US

 info@forceeliteacademy.com.au

 www.forceeliteacademy.com.au

 (08) 8164 3972

  @forceeliteacademy